NUSGS Student Life & Wellbeing

Graduate journey starts

with NUS Graduate School





Hostel

Application Guide - Graduate https://nus.edu.sg/osa/student-services/hosteladmission/graduate

Application Guide - Non-graduating https://nus.edu.sg/osa/student-services/hosteladmission/non-graduating

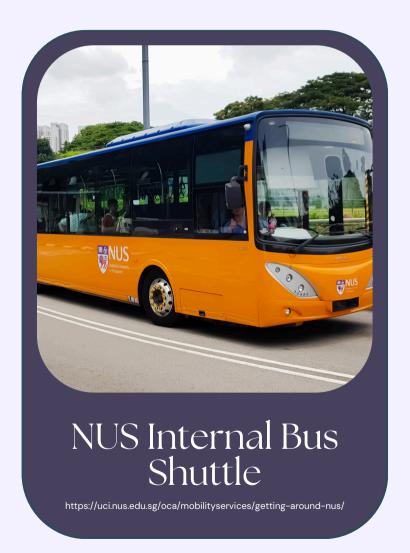
Other Accommodation https://nus.edu.sg/osa/student-services/hosteladmission/other-accommodation

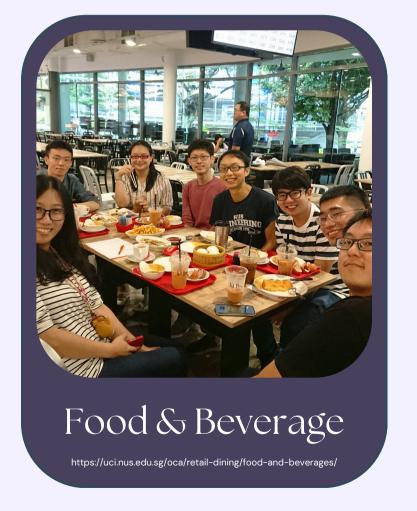
Housing Agreement and Rules & Regulations https://nus.edu.sg/osa/student-services/hosteladmission/housing-agreement

Ask Hostel Admission https://www.hosteladmission.nus.edu.sg/

Around campus







Around Campus



Sports Facilities

Keep your physical body healthy with exercise will improve your stamina.

https://uci.nus.edu.sg/cl/suu/sports-facilities/



Library

Partnering the NUS community to advance scholarship and research.

https://nus.edu.sg/nuslibraries



University Health Centre

Providing healthcare for body & mind..

https://www.nus.edu.sg/uhc

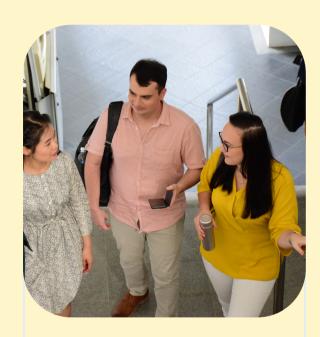


Centre for Futureready Graduates

Preparing you to be careerready throughout your time with the university.

https://nus.edu.sg/cfg/

Graduate Student Wellbeing



Graduate Connect

Linking with graduate students

Monthly T-Connexion



Grad Students Society

Heart of graduate students' social and academic life

https://www.nusgss.com/



Other Grad Student Group

Department based graduate students' group.

List of dept based student group



Graduate Student Support

Where to seek help?

https://nus.edu.sg/osa/student-services/sw/student-supportresources

Graduate Student Support Framework

Graduate Peer Student
Supporter
Drop by these locations to
speak them.

Faculty Student Support

Managers (SSM) /

Residential Wellness

Manager (RWM)

Chat with them if you
need queries on academic
& wellness.

UHC Counselling Service Make appointment if you feel that you exhaust all your options.

Intellect
After-office hours
counselling and premium
access to self-guided tools via
Intellect App.

Thesis Advisor
Consult them on academic or wellness issue.

Graduate Peer Student Supporter

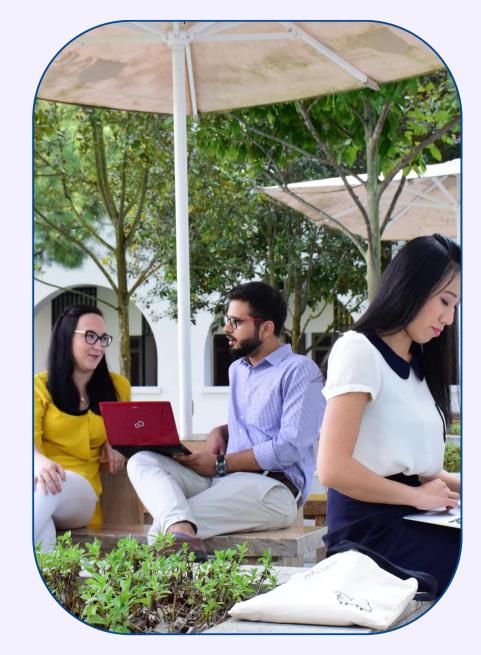
The <u>Peer Student Supporters</u> (PSS) Programme is an initiative by the Office of Student Affairs (OSA) and supported by the NUS Graduate School (Student Life and Well-being). Graduate Peer Supporters (PSs) play an important part in the support ecosystem for graduate students in NUS.

Graduate PSs are equipped with the necessary basic helping skills to be friend and support their peers who are in need and guide them to the appropriate help and resources available in NUS.

Graduate PSs will support the graduate community from Feb to Nov. During the semester, they will be deployed at selected venues on campus at two time-slots; 11 am and 5 pm.

Please email <u>nusgradwellbeing@nus.edu.sg</u> to arrange for a session to speak with a Graduate PS.

[Recruitment for Graduate PSs is currently underway. The next recruitment cycle will be commence in Dec 2024.]



Intellect

Unlock FREE Premium Access Today



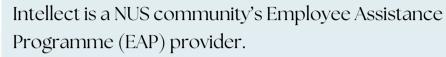




- 1. Select Join with your Organisation
- 2. Click Login with SSO
- Create account with your NUS student email* and password

*Please do not use your friendly email





For Counselling services after office hours:

Call 800 852 8534 to schedule for a Virtual or F2F session

Virtually through the Intellect app:

• Available: weekdays 6PM onwards to the next day 9AM, weekends and PH

Face-to-Face (F2F) appointments at Intellect's Care Rooms:

- 171 Tras St, #O2-179 Union Building, Singapore O79O25
- Available:
- Weekdays 6PM to 9PM, Saturdays 10AM to 12PM
- Sundays and PH are closed

All data is 100% private, confidential, and anonymous

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Graduate Snippet







Intellect NUSGS NUS Heart

Professional Counselling Support

NUS On-Campus

University Counselling Services
6516 2376
ucs@nus.edu.sg

NUS Lifeline (24 hours) 6516 7777

Off Campus External Organisations

Samaritans of Singapore (SOS) 1767 (24 hours) pat@sos.org.sg www.sos.org.sg (24 hour Chat/Text)

Community Mental Health Assessment
Team (CHAT)
64936500
CHAT@mentalhealth.sg

E-counselling for Youths:eC2.sg www.fycs.org/our-work/youth/ec2/

Institute of Mental Health 63892222 National CARE Hotline 1800-2026868

Get in touch!

nusgradwellbeing@nus.edu.sg 21 Lower Kent Ridge Road Tan Chin Tuan Wing University Hall #05-03 Singapore 119077

Feedback Form

We need to c

www.nusgs.nus.edu.sg